



Mighty MONDAY

Tasty TUESDAY

Roast of the Day WEDNESDAY

Fish THURSDAY

Favourites FRIDAY

SAMMY SWEETCORN SAYS...
 'Enjoy your lunch!'



OPTION 1	Chicken Gyro Pitta	Chicken Nuggets	Roast Chicken, Stuffing & Gravy	Ocean Friendly Fish Selection	Tandoori Chicken Wrap
OPTION 2	Authentic Pitta Pizza (v)	BBQ Pulled Quorn Taco (v)	Cheesy Cauliflower & Tender Broccoli Bake & Gravy (v)	BBQ Plant Based Meatball Sub (ve)	Wholemeal Cheese & Tomato Pizza (v)
SANDWICH BAP WITH NACHOS & SALAD	Available Daily: Cheese or Ham Bap				
JACKET POTATO BAR	Available Daily: Jacket Potato with Cheese & Baked Beans				
CARBS	Mexican Rice	Herby Diced Potatoes	Mashed & Roast Potatoes	Potato Wedges	Chips
CLASSIC DESSERT	Mini Doughnut	Chocolate Brownie	Muffin Selection	Vanilla Iced Sponge	Fruity Jelly
SAMMY'S HEALTHY SNACKS	Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists				

Main Meals are served with a varied choice of seasonal vegetables and a daily salad bar featuring seasonal super salads & freshly made bread.

Bob Snail fruit rolls & strips, fresh fruit salads & yoghurt available daily.



= Hidden Veg



Mighty MONDAY

Tasty TUESDAY

Roast of the Day WEDNESDAY

Fish THURSDAY

Favourites FRIDAY

SAMMY SWEETCORN SAYS...

'Enjoy your lunch!'



OPTION 1	Oven Baked Sausage & Gravy	Fruity Chicken Taco	Roast Beef, Yorkshire Pudding & Gravy	Ocean Friendly Fish Selection	Mediterranean Chicken Wrap
OPTION 2	Vegetarian Sausage Sizzler (v) & Gravy	Classic Favourite Sausage Roll (Ve)	Roasted Vegetable Parcel (v)	Crispy Quorn Dippers (v)	Wholemeal Cheese & Tomato Pizza (v)
SANDWICH BAP WITH NACHOS & SALAD	Available Daily: Cheese or Ham Bap				
JACKET POTATO BAR	Available Daily: Jacket Potato with Cheese & Baked Beans				
CARBS	Mashed Potatoes	Herby Diced Potatoes or Rice	Mashed & Roast Potatoes	Potato Wedges	Chips
CLASSIC DESSERT	Waffles	Peach Crumble & Custard	Muffin Selection	Chocolate Brownie	Fruit Sorbet
SAMMY'S HEALTHY SNACKS	Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists				

Main Meals are served with a varied choice of seasonal vegetables and a daily salad bar featuring seasonal super salads & freshly made bread.

Bob Snail fruit rolls & strips, fresh fruit salads & yoghurt available daily.



= Hidden Veg



Mighty MONDAY

Tasty TUESDAY

Roast of the Day WEDNESDAY

Fish THURSDAY

Favourites FRIDAY

SAMMY SWEETCORN SAYS...
 'Enjoy your lunch!'



OPTION 1	Beef Bolognese	Original Chicken Tikka Masala	Chicken Meatballs, Mash & Gravy	Ocean Friendly Fish Selection	BBQ Chicken Wrap
OPTION 2	Country Garden Vegetable Bake (v)	Spanish Style Quorn Paella (v)	Golden Cheddar Cheese & Potato Pie (v)	Oven Baked Mac 'n' Cheddar Cheese (v)	Wholemeal Cheese & Tomato Pizza (v)
SANDWICH BAP WITH NACHOS & SALAD	Available Daily: Cheese or Ham Bap				
JACKET POTATO BAR	Available Daily: Jacket Potato with Cheese & Baked Beans				
CARBS	Herby Diced Potatoes or Wholewheat Pasta	Rice		Potato Wedges	Chips
CLASSIC DESSERT	Marble Sponge & Choc Sauce	Chocolate Crowns	Ice Cream	Cookie Selection	Fruity Jelly
SAMMY'S HEALTHY SNACKS	Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists				

= Hidden Veg

Main Meals are served with a varied choice of seasonal vegetables and a daily salad bar featuring seasonal super salads & freshly made bread.
Bob Snail fruit rolls & strips, fresh fruit salads & yoghurt available daily.

